

Services for grieving children in the UK and the work of the Childhood Bereavement Network

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Outline

- Context
- How services have developed for children in the UK
- How the Childhood Bereavement Network supports these services and grieving families



The context of services

- Range of agencies working in partnership with families
- Schools, children's centres, nurseries, Child and Adolescent Mental Health Services, GPs, hospitals, hospices, palliative care teams, young people's counselling services
- Specialist child bereavement services



What good support looks like



Also:

- Basic needs (physiological, safety
- Rituals and a chance to say goodbye
- A society that talks about grief

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What stimulates service development?

- Professional experience especially the hospice movement
- Changing ideas about childhood and bereavement
- Knowledge from research of children and parents' experiences
- Pioneer services
- Demand from parents and children
- Closure or contraction of other services



What services 'look' like

- Rolls and Payne 2003
- 14% working solely with bereaved children, majority embedded in wider host
- 73% using a mix of paid staff and volunteers
- Staff come from a range of professional backgrounds
- Services provide a range of interventions
 - Child or child+family
 - Invididuals or groups
 - Ancillary services
- 71% open access
- CBN estimate 69% of LAs covered



What CBN does and how we can support

- Signposting
- Advocacy
- Support for professionals
- Generating new approaches

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Signposting – helping families find the services they need



Finding support local to you



Families & communities



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Advocacy – influencing national policy in the interests of bereaved children

- The outcomes we want to see are that children
 - Are prepared for a death
 - Have enough income
 - Get support from family, friends and the community
 - Get support at school and beyond
 - Get extra support from services if they need it
- We work towards these outcomes by
 - Practive campaigning
 - Respnding to policy consultations
 - Amplyoginy out members' campaigns



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Support for professionals

- Community of practice
- Webinars
- Email bulletin
- Resources (films, postcards)
- Enquiries



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Supporting service development

- Guide to developing good practice
- Factsheets
- Childhood bereavement what do we know in 2019?





Generating new approaches

- Outcome evaluation
- Support for specific groups (eg children in kinship care, refugees)
- Growing in Grief Awareness programme <u>https://childhoodbereavementnetwork.org.uk/if-you-need-help-around-death/schools/growing-grief-awareness</u>
- UK Commission on Bereavement <u>https://bereavementcommission.org.uk/taking-part/children-and-young-peoples-voices/</u>



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How to join

- Visit <u>www.childhoodbereavementnetwork.org.uk</u>
- Email <u>cbn@ncb.org.uk</u> or phone 020 7843 6309
- Annual subscription
 - £90 large organisations (>£50k annual budget)
 - £50 small organisations
 - £20 individuals