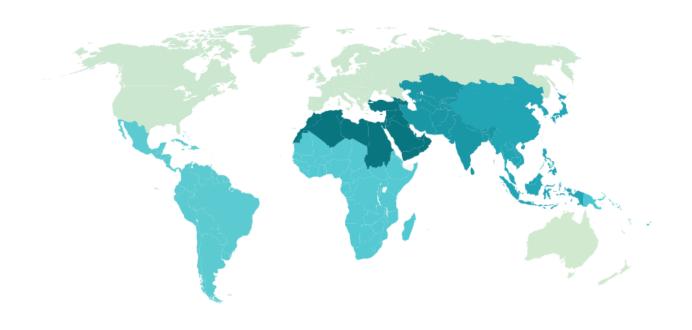
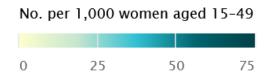
# The State of Abortion in the US if Roe v Wade is Overturned

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#### **Global Abortion Rates**

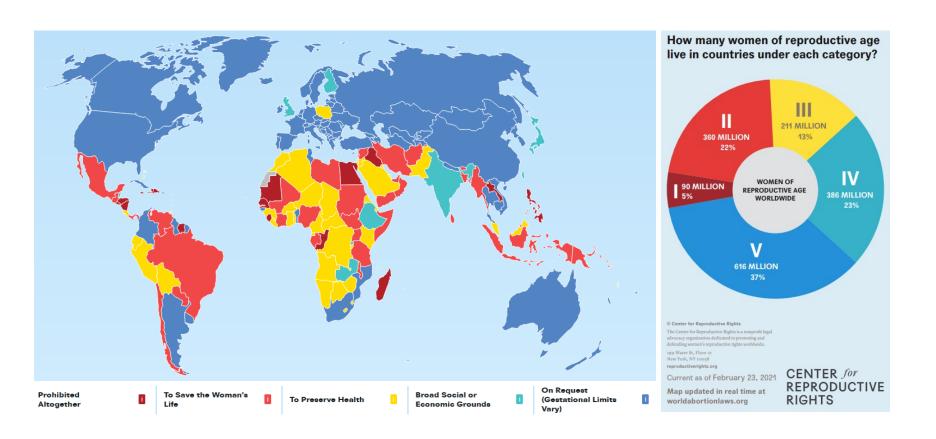




Note: All values are annual averages for 2015-2019.



### Global Legal Landscape of Abortion





#### Abortion in the U.S.

- Half of pregnancies in the U.S. are unplanned
- 1 in 4 U.S. women will have an abortion by age 45











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#### **U.S. Abortion Patients**

**INCOME** 

75% poor or low income

RELIGION

62% religiously affiliated

**FAMILY SIZE** 

59% already have a child

RACE

**39%** White

28% Black

25% Hispanic

6% Asian/Pacific Islander

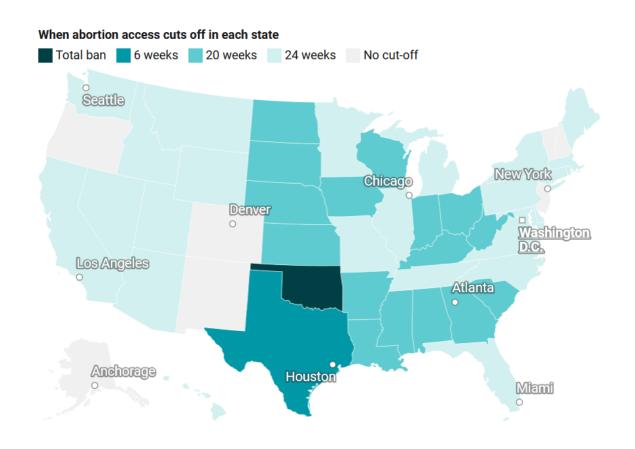
3% Other

AGE 60% are in their 20s (only 12% are teens, of which 4% are minors)

guttmacher.org ©2016



### U.S. Legal Landscape of Abortion



### Consequences of Inaccessible/Unsafe Abortion

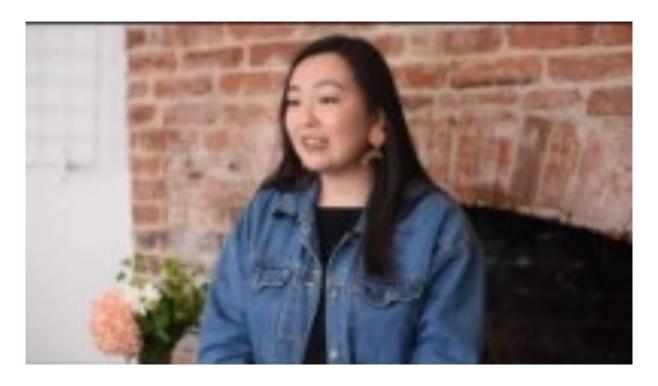
- Physical health risks of unsafe abortion
  - A leading cause of maternal deaths and morbidity
  - Long-term physical and mental health complications
- Distress and stigma
- Financial burdens
- Limits education and economic opportunity



"I got my abortion during the Covid-19 Pandemic. I was finishing my final semester remotely and knew that my best option was an abortion. The person who got me pregnant was manipulating me constantly and I knew that I could not have a baby with this person. At the time, I was living in Southern Maryland. I could not do a medication abortion because I was living at home with my chaotic family. The closest clinic was an hour and 15 minutes away but I could not drive myself due to the sedation medication. I spent weeks arguing back and forth with my ex about funding and transportation. I called the abortion fund for Maryland and was told that I could only use their funding for clinics that are not Planned Parenthood. The earliest appointment to have it done prior to Christmas was Planned Parenthood so I hung up on the fund and cried myself to sleep. I felt like I had no where to turn, no one to talk to, and I was stuck navigating this with an emotionally abusive ex. I was so desperate that I used my parents insurance which was a last resort option to fund my abortion. At the time, it was so stressful and I was not grateful because I just wanted it to be done. Almost a year later and I am so grateful that I had access to get my abortion which freed me from my ex, I finished my degree, and my abortion allowed me to move across the country to work in reproductive rights. I would make this choice again and again. I am so grateful for abortion."



# Advocates for Youth: Abortion Stories - Jeana



# Consequences of unwanted pregnancy: The Turnaway Study

- Women denied abortion are:
  - More likely to experience serious pregnancy complications, as well poor physical health for years following pregnancy
  - More likely to stay with abusive partners
  - More likely to live below the Federal Poverty Level
  - More likely to be limited in their life plans and education
- Children born of unwanted pregnancies are
  - Less likely to experience economic security
  - More likely to have poor maternal bonding



## Types of Abortion

- Medication
- Aspiration
- Labor Induction
- Surgery (hysterectomy/hysterotomy)



### Medication abortion

- Typical Office-based protocol
- Day 1:
  - Counseling and informed consent
  - Medical and social history
  - Labs: +/- hCG, H&H, Rh factor
    - +/- tests for infection or dysplasia P
  - Confirmation of IUP/EGA, +/- clinical exam
  - Mifepristone (200mg) administered on site



#### Medication Abortion (continued)

- Day 1-3:
  - Administration of misoprostol (800 mcg) at home,
     6-72 hours after mifepristone
  - Bleeding/cramps begin 2-4 hours after admin of misoprostol
    - Most intense during passage of POC
  - ~80% pass pregnancy within 24 hours
  - Bleeding may continue for 2-4 weeks
  - Follow up 1–2 weeks later
    - confirm passage of pregnancy

# Aspiration abortion and D & E



#### Vacuum aspiration+:

- Cervical dilation
  - Usually osmotic (v. mechanical) dilators
- Additional instrumentation (i.e. forceps)
- Takes longer; more involved procedure
  - 10-30 mins
- Requires more advanced provider training

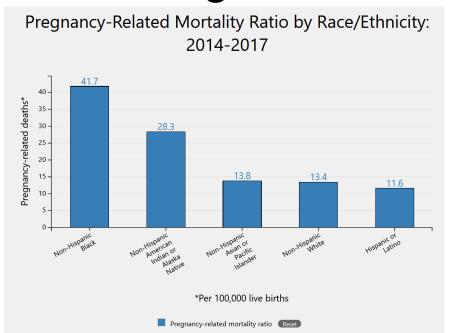


## Abortion through labor induction

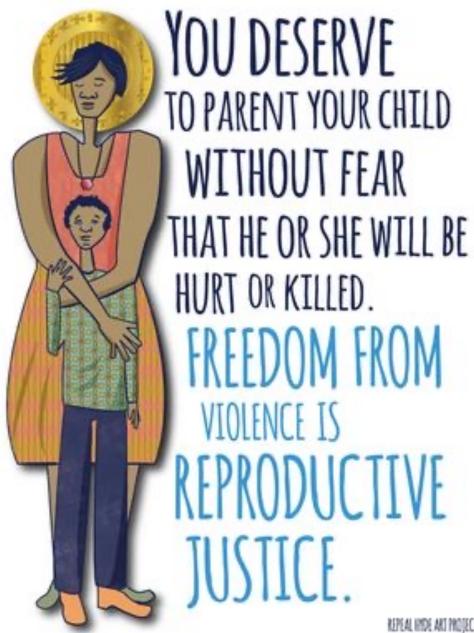
- Labor-Induction Techniques:
  - Prostaglandins +/- mifepristone >>
     IV oxytocin, intra-amniotic instillation of saline
- Usually pregnancies of >20 weeks gestation
- Less common than in past
  - Less favorable psychological effects
- More common when provider trained in procedural abortion is not available

### Reproductive Justice: The right to...

- 1. Maintain personal bodily autonomy
- 2. Have or not to have children
- 3. Parent our children in safe and sustainable communities
- Highlights inequities that affect access to reproductive health services
- Considers maternal mortality







REPEAL INDE AND PROJECT



# History of Roe v. Wade

- Landmark U.S. Supreme Court case (1973)
  - Established constitutional right to abortion prior to "viability"
  - Viability = Current  $\sim$ 23-24 w GA
- Steady chipping away of this right since 1973
  - Guttmacher video on AB restrictions



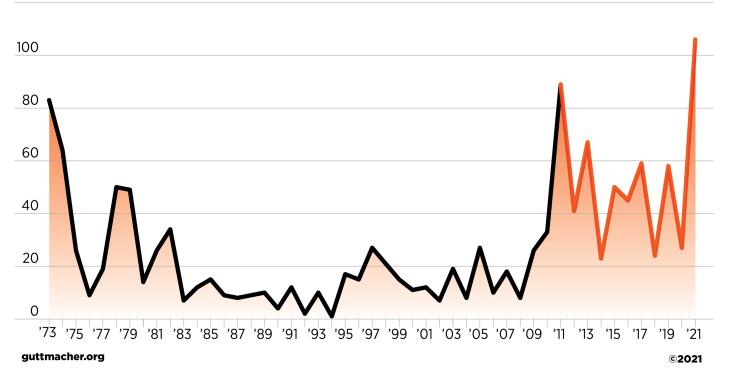
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# U.S. states have enacted 1,336 abortion restrictions since *Roe v. Wade* was decided in 1973

44% of those restrictions were enacted in the last decade alone

No. of restrictions enacted per year, as of Sept. 17, 2021

120



# Barriers to Care Imposed by Legal Restrictions

- Gestational Bans
- Telemedicine Bans
- Targeted Regulation of Abortion Providers (TRAP) Laws
- Insurance Restrictions
- Waiting Periods
- Mandatory Counseling

- Limited options
- Financial burdens
- Limited Access
- Spread of misinformation and stigma

Disproportionate effect on already marginalized populations

# Current state of AB access in US

### Abortion still legal

- Roe v. Wade *still* law of the land
- OK Governor signed total AB ban (25 May)
  - From time of fertilization
  - Includes civilian ("bounty hunter") enforcement mechanism
  - Violates Roe

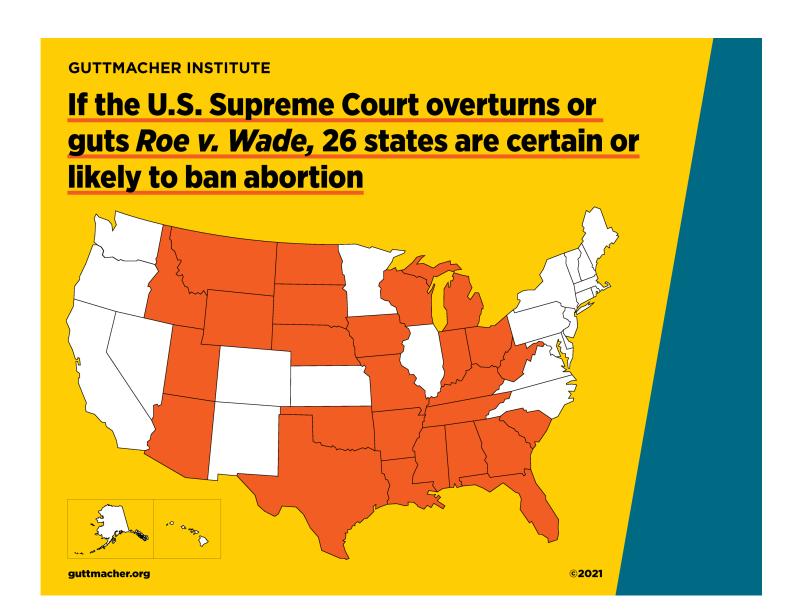


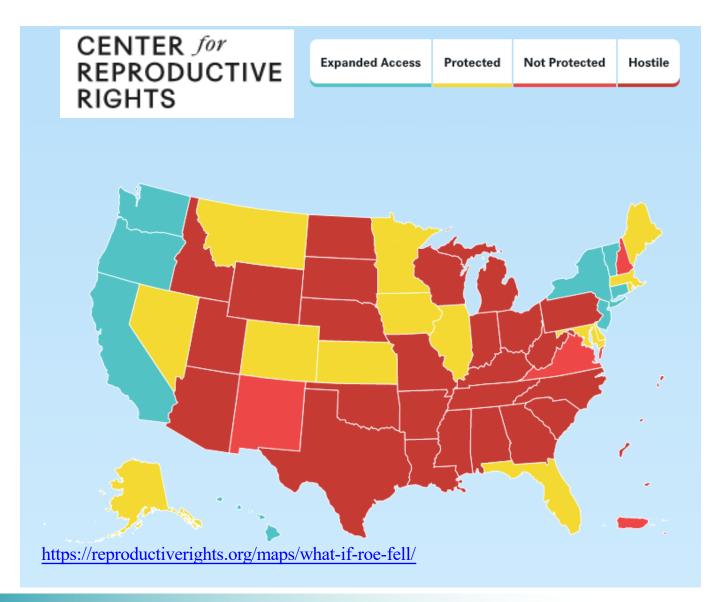
#### Current bans

#### 19 states have enacted bans, including:

- 15-week bans (AZ, FL, KY)
- "Texas-style" bans (ID, OK)
  - Civilian ("bounty hunter") mechanism
  - Total ban, 6 w, 15 w
- Total bans (OK)
- Trigger bans (OK, WY)
  - 24 additional states projected
- Med AB (KY, SD, TN, GA, LA, MO)
  - Total ban, restriction on mailing meds, limit to MD providers, gestational limits

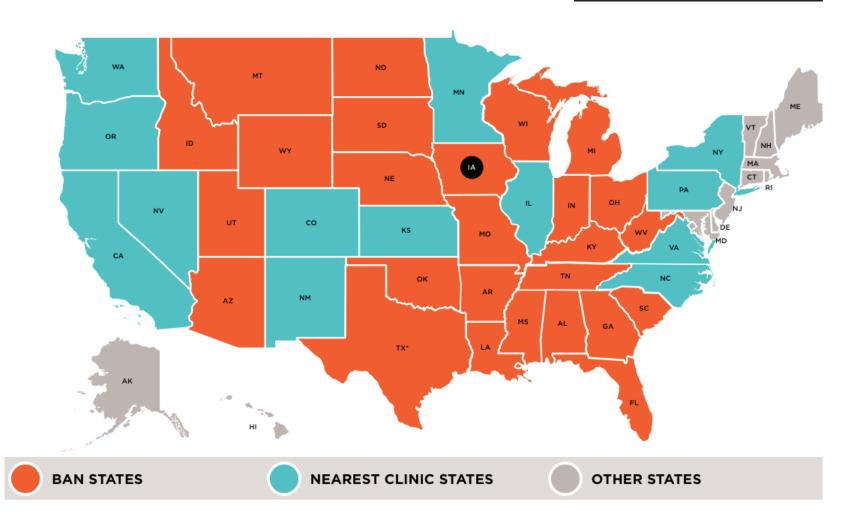






# Travel distances to AB clinic if Roe overturned

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### If Roe is overturned...

- Regulation of abortion will go back to states
- Even in states where remains "legal" limited access d/t:
  - Parental consent
  - Limits on types of providers
  - Medicaid/health insurance policies
  - -Gestational age limits
  - Workforce limitations

(Stevenson & Coleman-Minehan, 2022)



# Global Implications of Overturning Roe

- Roe v. Wade has been important tool for people working to liberalize AB laws in countries where restricted/banned
- Funding from West supports reproductive heath, including safe AB initiatives

## Impact of Abortion Restrictions

- 90 million women of reproductive age live in countries where abortion is illegal under any circumstances
- Abortion restrictions do not prevent abortions
- An estimated 25 million unsafe abortions occur worldwide each year
- Around 45% of all abortions are unsafe
  - 97% of all unsafe abortions occur in developing countries where abortion is severely restricted



# Your role as a nurse in Abortion Care

- Advocacy
  - 11 states have enacted protective measures
    - E.g. establishing/expanding right to access, types of providers, insurance coverage
- Provide in states where legal
  - Moral courage
- Refer and facilitate access
- Others?



# Resources to learn more and facilitate access to abortion

- Aid Access (https://aidaccess.org/en/)
- Guttmacher Institute (https://www.guttmacher.org/)
- Center for Reproductive Rights (https://reproductiverights.org/)
- National Abortion Federation (https://prochoice.org/)
- National Network of Abortion Funds (https://abortionfunds.org/)
- Nurses for Sexual and Reproductive Health (nsrh.org)
- <u>Liberate Abortion!</u> (https://www.liberateabortion.org/)



### Resources

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