The State of Abortion in the US *if* Roe v Wade is Overturned

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Global Abortion Rates





Note: All values are annual averages for 2015-2019.



Global Legal Landscape of Abortion





Abortion in the U.S.

- Half of pregnancies in the U.S. are unplanned
- -1 in 4 U.S. women will have an abortion by age 45



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U.S. Abortion Patients



guttmacher.org

°2016



U.S. Legal Landscape of Abortion



MGH INSTITUTE OF HEALTH PROFESSIONS A graduate school founded by Massachusetts General Hospital

Consequences of Inaccessible/Unsafe Abortion

- Physical health risks of unsafe abortion
 - A leading cause of maternal deaths and morbidity
 - Long-term physical and mental health complications
- Distress and stigma
- Financial burdens
- Limits education and economic opportunity



"I got my abortion during the Covid-19 Pandemic. I was finishing my final semester remotely and knew that my best option was an abortion. The person who got me pregnant was manipulating me constantly and I knew that I could not have a baby with this person. At the time, I was living in Southern Maryland. I could not do a medication abortion because I was living at home with my chaotic family. The closest clinic was an hour and 15 minutes away but I could not drive myself due to the sedation medication. I spent weeks arguing back and forth with my ex about funding and transportation. I called the abortion fund for Maryland and was told that I could only use their funding for clinics that are not Planned Parenthood. The earliest appointment to have it done prior to Christmas was Planned Parenthood so I hung up on the fund and cried myself to sleep. I felt like I had no where to turn, no one to talk to, and I was stuck navigating this with an emotionally abusive ex. I was so desperate that I used my parents insurance which was a last resort option to fund my abortion. At the time, it was so stressful and I was not grateful because I just wanted it to be done. Almost a year later and I am so grateful that I had access to get my abortion which freed me from my ex, I finished my degree, and my abortion allowed me to move across the country to work in reproductive rights. I would make this choice again and again. I am so grateful for abortion."

www.mghihp.ed

Advocates for Youth: Abortion Stories – Alyssa



Advocates for Youth: Abortion Stories -Jeana





Consequences of unwanted pregnancy: The Turnaway Study

- Women denied abortion are:
 - More likely to experience serious pregnancy complications, as well poor physical health for years following pregnancy
 - More likely to stay with abusive partners
 - More likely to live below the Federal Poverty Level
 - More likely to be limited in their life plans and education
- Children born of unwanted pregnancies are
 - Less likely to experience economic security
 - More likely to have poor maternal bonding

For more information about the Turnaway study see: https://www.ansirh.org/research/ongoing/turnaway-studyww.mghihp.edu



Types of Abortion

- Medication
- Aspiration
- Labor Induction
- Surgery (hysterectomy/hysterotomy)



Medication abortion

- Typical Office-based protocol
- Day 1:
 - Counseling and informed consent
 - Medical and social history
 - Labs: +/- hCG, H&H, Rh factor
 - +/- tests for infection or dysplasia P
 - Confirmation of IUP/EGA, +/- clinical exam
 - Mifepristone (200mg) administered on site





Medication Abortion (continued)

- Day 1-3:
 - Administration of misoprostol (800 mcg) at home, 6-72 hours after mifepristone
 - Bleeding/cramps begin 2-4 hours after admin of misoprostol
 - Most intense during passage of POC
 - ~80% pass pregnancy within 24 hours
 - Bleeding may continue for 2-4 weeks
 - Follow up 1–2 weeks later
 - confirm passage of pregnancy



Aspiration abortion and D & E

Vacuum aspiration+:

- Cervical dilation
 - Usually osmotic (v. mechanical) dilators
- Additional instrumentation (i.e. forceps)
- Takes longer; more involved procedure – 10-30 mins
- Requires more advanced provider training







Abortion through labor induction

- Labor-Induction Techniques:
 - Prostaglandins +/- mifepristone >> IV oxytocin, intra-amniotic instillation of saline
- Usually pregnancies of >20 weeks gestation
- Less common than in past
 - Less favorable psychological effects
- More common when provider trained in procedural abortion is not available



Reproductive Justice: The right to...

- 1. Maintain personal bodily autonomy
- 2. Have or not to have children
- 3. Parent our children in safe and sustainable communities
- Highlights inequities that affect access to reproductive health services
- Considers maternal mortality

Pregnancy-Related Mortality Ratio by Race/Ethnicity: 2014-2017







REPEAL HOLE AND PROJECT



History of Roe v. Wade

- Landmark U.S. Supreme Court case (1973)
 - Established constitutional right to abortion prior to "viability"
 - Viability = Current \sim 23-24 w GA
- Steady chipping away of this right since 1973
 <u>Guttmacher video on AB restrictions</u>



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U.S. states have enacted 1,336 abortion restrictions since *Roe v. Wade* was decided in 1973

44% of those restrictions were enacted in the last decade alone

No. of restrictions enacted per year, as of Sept. 17, 2021





Barriers to Care Imposed by Legal Restrictions

- Gestational Bans
- Telemedicine Bans
- Targeted Regulation of Abortion Providers (TRAP) Laws
- Insurance Restrictions
- Waiting Periods
- Mandatory Counseling

- Limited options
- Financial burdens
- Limited Access
- Spread of misinformation and stigma

Disproportionate effect on already marginalized populations



Current state of AB access in US

• Abortion *still* legal

-Roe v. Wade *still* law of the land

- OK Governor signed total AB ban (25 May)
 - From time of fertilization
 - Includes civilian ("bounty hunter") enforcement mechanism
 - Violates Roe



Current bans

19 states have enacted bans, including:

- 15-week bans (AZ, FL, KY)
- "Texas-style" bans (ID, OK)
 - Civilian ("bounty hunter") mechanism
 - Total ban, 6 w, 15 w
- Total bans (OK)
- Trigger bans (OK, WY)
 - 24 additional states projected
- Med AB (KY, SD, TN, GA, LA, MO)
 - Total ban, restriction on mailing meds, limit to MD providers, gestational limits



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If the U.S. Supreme Court overturns or guts *Roe v. Wade,* 26 states are certain or likely to ban abortion









Travel distances to AB clinic if Roe overturned

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https://states.guttmacher.org



If Roe is overturned...

- Regulation of abortion will go back to states
- Even in states where remains "legal" limited access d/t:
 - -Parental consent
 - -Limits on types of providers
 - -Medicaid/health insurance policies
 - -Gestational age limits
 - -Workforce limitations

(Stevenson & Coleman-Minehan, 2022)



Global Implications of Overturning Roe

- Roe v. Wade has been important tool for people working to liberalize AB laws in countries where restricted/banned
- Funding from West supports reproductive heath, including safe AB initiatives



Impact of Abortion Restrictions

- 90 million women of reproductive age live in countries where abortion is illegal under any circumstances
- Abortion restrictions do not prevent abortions
- An estimated 25 million unsafe abortions occur worldwide each year
- Around 45% of all abortions are unsafe
 - 97% of all unsafe abortions occur in developing countries where abortion is severely restricted





Your role as a nurse in Abortion Care

- Advocacy
 - 11 states have enacted protective measures
 - E.g. establishing/expanding right to access, types of providers, insurance coverage
- **Provide** in states where legal
 - Moral courage
- Refer and facilitate access
- Others?



Resources to learn more and facilitate access to abortion

- <u>Aid Access</u> (https://aidaccess.org/en/)
- <u>Guttmacher Institute</u> (https://www.guttmacher.org/)
- <u>Center for Reproductive Rights</u> (https://reproductiverights.org/)
- <u>National Abortion Federation</u> (https://prochoice.org/)
- <u>National Network of Abortion Funds</u> (https://abortionfunds.org/)
- <u>Nurses for Sexual and Reproductive Health (nsrh.org</u>)
- Liberate Abortion! (https://www.liberateabortion.org/)



Resources

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